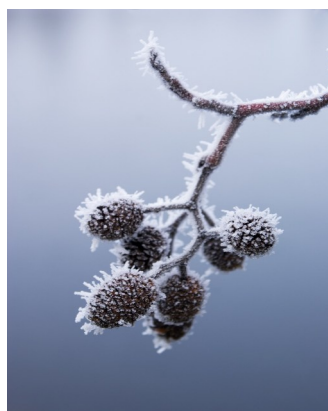




# CUUPS CORNER



*Stone of January is the Garnet : grounding, passion, love, vitality and energy.. Strong connection to the root center of the body. Use for protection and to promote self confidence.*

## January by Rebecca Hey

Keen blows the bitter spirit of the North,  
And, like a warrior foil'd, with powerless beam  
The sun eyes wistfully, the frost bound stream,  
As it Long'd, though vainly, to call forth  
His by-gone strength, that he might deck the  
earth in all her summer beauty, and set free  
River and brooklet, till, towards the sea Onward  
they bounded with melodious mirth.  
But many a storm, ere that may be, shall blow,  
And many a cloud frown darkling o'er the sky;  
And be it so, if but reflection's glow  
Play around the lips, and brighten the eye,  
When round the hearth long severed friends do  
meet, (So the ancient usage claims,) the opening  
to greet.



*Many Blessings of this year to be*

### **Information to mark in your calendars**

We will be starting classes every month for the coming year, well most months with this, first half of the years schedule will be posted here. Many people have stepped up to share the knowledge of their experience. It is offered free of charge as service to our community. If you do not wish to receive this newsletter or participate please contact **Hawkmistrs@aol.com** and we will delete your name from the list. For those that are members and still wish to remain members and haven't paid this year dues which is \$20.00 for the year - please email **Lcrain189@gmail.com** to let her know. We are working on a community project so more info will come as we gather our ideas.

Cuups is a safe haven for all people of all spiritual paths, if you want to learn more or would like to give a talk on your journey, we are open and would love to host this.. Our community is very important especially in the months to come as we go into challenging times, We are here to sing, practice ritual, honor the cycle and learn in all diversity.

Please voice and share if there is something you have, we are looking at crafting, apothecary, storytelling, ritual practice, chants and so much more. It is your community to share in, we are all empowered by the gift of sharing info. We are what we make it. Having said all this, we know that we can not change the world but we sure can understand our land here, its ebb and flow, we can help our one little square mile of radius as it touches the next and the next.

We honor our ancestors of land , blood and spirit and with that we welcome our young ones for they also teach us to dance with our inner child.

So let us warm and percolate that Cauldon of infinite possibilities with love, truth and the power of peace. This is a new year and do we engage and make it better surfing the tides of change with our heart song soaring , dancing on the streams of the universe?



*May the brew of the cauldron of inspiration provide all with hope  
to follow your dreams*

## **Calendar of events for the first half of the year**

### **January**

1/12/25- coffee service at 10:30 am

1/25/25– meeting, 101 class on basics of circle, directions, etc.  
1:00pm , lanai

### **February**

2/9/25 - coffee service at 10:30am

2/1/25 - Imbolc ritual, 4-9pm –weather permitting will be by the firepit and the hall. More info will be given.

2/22/25 - meeting at 1pm. Class 1 of 4, earth element, all that is earth from taste to sound and meditation.

### **March**

3/9/25 - coffee service at 10:30 also day light savings time

3/22/25 - meeting and ritual, spring equinox. Class on altar building as part of the ritual. Time to TBD.

### **April**

4/13/25 - coffee service at 10:30 am.

4/26/25 - meeting in the hall at 1pm. Class on divination - different methods.

### **May**

May 3rd, maybe may 4 th Beltane– time and place TBD

5/11/25 coffee service at 10:30 also mother's day

5/24/25 - meeting at 1 pm, Class 2 of 4, element water-following earth we look at the next element water from taste to sound and meditation.

### **June**

6/8/25 - coffee service 10:30 am

6/20/25 - Summer Solstice. We will confirm this as time gets closer dur to our weather.

6/28/25 - Meeting at 1 pm. Seasonal crafting, meet in the hall

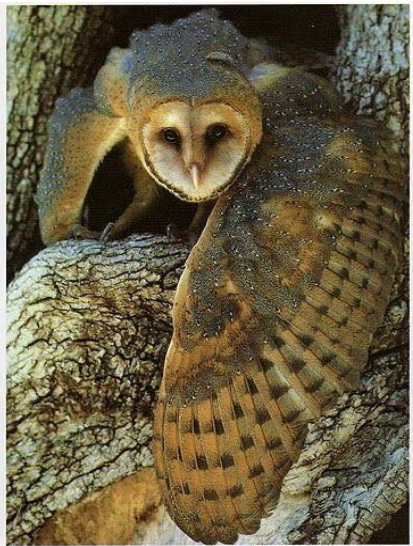
This brings us through the ascending part of the year where things are growing and changing. We in this area will be going thru our dry season now, to next is fire season which gives way to rainy and hurricane. Weather is changing so is our earth as she will. When we tune ourselves in with earth cycles we feel things a bit more. There is a time to go out and do and then we may feel a time to go within and be a home body, this is what our ancestors did as they look up at the stars and planets just like we do. There is much honor in doing the simple things and to take a moment to experience divinity in all things.

*And one more thing.....*

*January's bird is the owl, the old one of winters companion as she gets ready to transform. The owl symbolizes wisdom, there is a quiet nature but deadly hunting abilities. The quiet of winter is reflected by the owls nature of silence. All cultures have stories about the owl so if you happen to hear in the distance the call of the owl,*



*pay attention something will soon come to touch you on the shoulder with a bit of wisdom. May the Old One spirit with wisdom. Soon be another turn round. At Imbol the forms to the face of flowers again is her*



*nurture your dom and heal-enough there will of the yearly One One trans-maiden with a and the owl yet guide..*

*Time to move forward, help each other, promote our community with love, inspiration, kindness and above all peace with all diversity.*

*The flame of passion, never dies for it is the flame of our*