

# Solstice Ritual Alban Hefin 2016

## Altar

antlers, three sister candle, cloth, cauldron, burner, tiki torches for outer, flowers, censor, bowl of water (crystal bowl) solstice incense, large white candle. Colors orange, red, yellow, white, crystals. Basket with leaves and magic markers. Four candles around center candle. Streamers of color on the torches.

## Intention

letting go of unfruitful and binding things, honoring ourselves with sacred light, integration of new and old, manifesting, honoring the fire within, sending things forth, bringing in creative flow. Honor the turn of the wheel and our life giving sun.

## The Rite

gathering; welcome to all, go around circle speak names, speak the intention and what solstice is; solstice is the longest day and shortest night, marked by the sun as the earth travels around it. From this point on the days get shorter night start to get a bit longer. Intention.

### *Set circle;*

call in the ancestors from west  
tone om 3x

(read and repeat by all) deep within the still center of my being, may I find peace  
Silently within the quiet of the grove, may I share peace  
gently within the greater circle of humankind,  
may I radiate peace

### *circle casting circle of the sun*

**east**; it is the spring time of the year, the sun is rising, new life shows forth, our mind is filled with clarity, I light the fire of spring, the light of the earth (east torch is lit) small direction candle lit at same time in center.

**south**; it is the summer of the year, the sun stands high, all the life of earth is flowering, I light the fire of summer, the light of the shore (south torch is lit) small direction candle lit at same time in center.

**west**; it is autumn of the year, the sun descends from the height of day, all things are ripening and gathering in. I light the fire of autumn, the light of water. (west torch is lit) small direction candle lit same time in center.

**north**; it is winter of the year, the sun sleeps through the midnight of darkness, all life is at rest. I light the fire of winter, the light of the arctic. (north torch lit) small direction candle lit same time in center.

**Center**; we all come together raise hands in the air, visual and pull down the rays of the sun, beam to the altar, then hold hands and circle around altar 3 x. Light large center candle.

bless circle with water and fire (incense)  
rachel and emmie

## **The working**

### **Passing leaves around for meditation and working. Emmie**

#### **Meditation (Joy) Dolores Drumming**

*radiant brow*; visualize the first ray of dawn, the feel, the taste and breath of it, Hear and feel songs of birds, walk to a clearing on top of a hill, look out and see pink and gold of dawn. As the first ray of the sun comes visualize it touching your crown and third eye, pull that energy into your being .It is the dawn of a new day, match the vibration of that feeling. Use the leaf as a tool to let go of or manifest. Use the power of the sun as we are one with it. Sit with your thoughts, come back to this time knowing you are a child of the universe being born each morning.

#### **Movement (Lynn) Dolores Drumming, Fiddle**

Working with the leaves, writing on them, dance your spirit dance leading to release , setting a drift the leaves in lake. Lynn will guide this

#### **Dancing, Drumming, Chanting**

“We dance the dance of the summer sun in flight,  
We turn the wheel to the passing of the light...”

“Turning, turning,  
Wheeling, burning...”

“Into the dark we dance, we dance...”

#### **Song**

“A Tree Song – Oak and Ash and Thorn”  
Sung by Lesley

#### **Closing**

**North**; pull the energy from the torch, send it to center, leave torch burning?

**West**; pull the energy from the torch, send it to center, “ “ “?”

**South**; pull the energy from the torch, send it to center, “ “ “?”

**East**; pull the energy from the torch, send it to center, “ “ “?”

**Ancestors, be with us always, as you will, thank you for ur blessings.**

**All holds hands, with breath and visual, pull the energy of center into being, breathe out and beam the energy up to the universe. We all clap hands and go to our feast, music and drum all the way.**